The standards of conduct at Itasca Community College clearly prohibit the unlawful possession, use or distribution of drugs and alcohol by students and staff on the campus premises or in conjunction with any college-sponsored activity or event whether on or off campus.

The college will take steps to educate its community regarding the health risks associated with alcohol and drug abuse. Appropriate referrals to counseling and health agencies will be made for individuals as needed. Rehabilitation may become a condition for continuing associations with our college.

The college will impose sanctions on students and employees who violate this policy. Disciplinary action may include written reprimand, suspension or dismissal and referral for prosecution under local, state and federal law.

**Dr. Michael Raich**
Provost

According to the Drug-Free Schools and Communities Act Amendments of 1989 (Public Law 101-226) and Minnesota Statutes 152 Prohibited Drugs, 340A Liquor Act, and 624.71 Liquors in Certain Buildings or Grounds, Itasca will implement a program to prevent the use of illicit drugs and the abuse of alcohol by its students and employees.

**Standards of Conduct:** Standards of Conduct, as outlined below, apply to all students and employees at Itasca Community College.

- No student or employee shall use, manufacture, sell, give away, barter, deliver, exchange or distribute; or possess with the intent to use, manufacture, sell, give away, barter, deliver, exchange, or distribute, a controlled substance or drug paraphernalia as defined in Minnesota Statutes, Chapter 152, while on campus, or while involved in a college activity, service, project, program or work situation, off-campus.
- No student or employee shall use, manufacture, sell, give away, barter, deliver, exchange or distribute; or possess with the intent to use, manufacture, sell, give away, barter, deliver, exchange, or distribute, synthetic marijuana (herbal incense), while on campus, or while involved in a college activity, service, project, program or work situation, off-campus. Hereafter in this policy, “controlled substance” includes synthetic marijuana.
- No student or employee shall possess a controlled substance, except when the possession is for that person's own use, and is authorized by law, 1) while on campus, or 2) while involved in a college activity, service, project, program or work situation off-campus.
- Except as allowed by Minnesota Statute 624.701, no student or employee shall introduce upon, or have possession upon, any college campus, or while involved in a college activity, service, project, program or work situation, any alcoholic beverage as defined in Minnesota Statute 340A.101.
- Employees working on federal grants or contracts who are convicted of a criminal drug statute violation occurring in the workplace are required to inform the principal campus administrator of this fact within five calendar days of the conviction. The college will notify the federal government within ten days after receiving notice of such an employee being convicted of a criminal drug statute violation occurring in the workplace.
- No employee shall report to work, and no student shall report to campus, while under the influence of alcohol, or a controlled substance, except as prescribed by a physician, which affects alertness, coordination, reaction, response, judgment, decision-making or safety.

**Campus Sanctions:** Administrative and legal sanctions up to and including: 1) termination of employment for employees and expulsion for students; and 2) referral to law enforcement for prosecution, will be imposed on students and employees who violate the above standards of conduct. A disciplinary sanction may include the completion of an appropriate rehabilitation program.

**Legal Sanctions:** Federal and state sanctions for illegal possession of controlled substances range from 0-30 years imprisonment and up to $1 million in fines.
Additional penalties include forfeiture of personal property, the denial of federal student aid benefits, and restrictions on gun purchase and ownership. Under federal laws, trafficking in drugs such as methamphetamine, heroin or cocaine may result in sanctions up to and including life imprisonment and up to $8 million in fines. The State of Minnesota may impose a wide range of sanctions for alcohol-related violations. For example, driving while intoxicated (blood alcohol content of .08 or more) may result in a $700 fine, 90 days in jail, and/or revocation of driver’s license for at least 30 days. Possession or consumption of alcohol under age 21 or using false identification to purchase alcohol is a misdemeanor punishable by up to 90 days in jail and/or up to a $1000 fine. Furnishing alcohol to persons under 21 is a gross misdemeanor punishable by up to a $3,000 fine and/or one year imprisonment.

HEALTH RISKS ASSOCIATED WITH THE ABUSE OF ALCOHOL AND ILLICIT DRUGS

- Alcohol is the most abused drug in the U.S. today.
- Alcohol is a drug that acts on the brain. It is potentially addicting, both physically and mentally.
- Alcohol abuse is drinking which harms or endangers the drinker or other people.
- Alcohol abuse can result in violence, poor judgment and loss of coordination.
- Alcoholism is a disease characterized by a physical and mental dependence on alcohol. About one in ten drinkers become alcoholic.
- Alcohol consumed in heavy amounts over a period of years can result in damage to health. It can cause malnutrition; brain damage; cancer of the mouth, stomach and esophagus; heart disease; liver damage; ulcers and gastritis as well as damage to other body organs.
- Prolonged excessive drinking can shorten life span by 10-12 years.
- Drug abuse is a major problem that results when drugs are used improperly.
- Drug abuse is using natural or synthetic chemical substances for non-medical reasons to affect the body, mind and behavior.
- Abusing drugs can be dangerous, especially when taken for a long time, in the wrong combinations or in excess.
- If drugs are taken, there is a risk of overdose and dependence, both physical and psychological.
- Long-term drug abuse can lead to mental illness, malnutrition and organ damage.
- The risk of AIDS, hepatitis and other diseases increases if drugs are injected.
- When drugs make individuals loses control, they may do things beyond their ability and take foolish risks. Accidents and injuries can result to the user and others.
- Abusing drugs can also cause legal, economic and personal problems.
- Individuals who abuse drugs often need help. Breaking a drug habit without outside help can be dangerous because of withdrawal symptoms and difficult because of the psychological need.

ALCOHOL AND DRUG RESOURCES

ICC is concerned about students’ and staffs’ health, ability to learn, and ability to gain skills that will lead to productive lives. ICC also believes that chemical dependency, including alcoholism, is a treatable disease which can be permanently arrested allowing students to return to a productive, healthy lifestyle. Students who have a chemical dependency problem should speak in confidence with a college counselor. These staff members can assist the student in dealing with the problem and make referrals to community agencies for additional assistance.

Smoking and tobacco use are prohibited on college property and in college vehicles in accordance with the MN Clean Indoor Air Act.

Itasca Community College

Counselors ............................................. (218) 322-2320
Student Support Services .................... (218) 322-2433
Minnesota State Employee Assistance Program (EAP) ................................. 1-800-657-3719

Local

Alcoholics Anonymous, ALANON & ALATEEN ........................................... (218) 326-8565
ALATEEN
Alcohol and Drug Abuse Action ............ (218) 327-8273
Addiction Helpline
Detoxification Services ............................ (218) 327-1026
1215 SE 7th Ave, Grand Rapids
Esther House ................................... (218) 326-0993
(213 SE 11th St, Grand Rapids)
Group home for men and women
with mental illness and chemical dependency.
First Call for Help (24-Hour Info) ........ (218) 326-8565
Hope House ......................................... (218) 326-1443
(2002 Cromell Drive, LaPrairie)
Supportive living environment for men and women
who have gone through chemical dependency
treatment or are going through an outpatient
program.
Meth/Drug Hotline ......................... (218) 326-8565
Northland Counseling Center .......... (218) 326-1274
(215 SE 2nd Ave, Grand Rapids)
Provides residents or Koochiching, Itasca and Aitkin
counties with individual, family and group treatment
counseling. Also provide school intervention
services.
Northland Recovery Center .......... (218) 327-1105
(1215 SE 7th Ave, Grand Rapids)
Continuum of care for chemical dependency and
related counseling concerns, serving northern
Minnesota.
Rapids Counseling Service .......... (218) 327-2001
(717 NE 4th St, Grand Rapids)

Regional

Leech Lake Addiction &
Dependency Programs ................. (218) 335-8308
(6530 Hwy 2 NW, Cass Lake)
Essentia Health Center Chemical
Dependency ............................... (218) 828-7374
(523 N Third St., Brainerd)
Moose Lake Regional Treatment

Center (1111 MN 73, Moose Lake) ... (218) 786-0117
Poison Control Information ............ 1-800-222-1222
Range Mental Health Center ...........(218)-749-3257
(1201 S 13th Ave, Virginia)
Range Mental Health Center ...........(218)-263-9237
(3203 W Third Ave, Hibbing)
Twelfth Step House ...................... (218) 749-4328
(512 2nd St. N, Virginia)

Human Services

Itasca County ............................... (218) 327-2941
(1209 SE 2nd Ave, Grand Rapids)
Cass County .................................. (218) 547-1340
(400 Michigan Ave W, Walker)
Aitkin County .............................. (218) 927-7200
(204 First St NW, Aitkin)
Indian Social Services (Cass Lake) .... (218) 444-0452
(522 Minnesota Ave NW, Bemidji)

Self Help Groups / National Hotlines

Alcohol Abuse 24 Hour Helpline
& Treatment .............................. 1-800-957-8270
www.thetreatmenthelpline.com
Cocaine Helpline ................. 1-866-535-7050
www.cocainehelp.com
Drug Abuse 24 Hour Helpline
& Treatment .............................. 1-800-447-9081
www.24houraddictionhelp.org
Narcotics Anonymous ............... 1-877-767-7676
www.naminnesota.org