

DRUG & ALCOHOL FREE CAMPUS POLICY – ITASCA COMMUNITY COLLEGE

According to the Drug-Free Schools and Communities Act Amendments of 1989 (Public Law 101-226) and Minnesota Statutes 152 Prohibited Drugs, 340A Liquor Act, and 624.71 Liquors in Certain Buildings or Grounds, Itasca will implement a program to prevent the use of illicit drugs and the abuse of alcohol by its students and employees.

Standards of Conduct: Standards of Conduct, as outlined below, apply to all students and employees at Itasca Community College. Reviewed 10/2008.

- No student or employee shall use, manufacture, sell, give away, barter, deliver, exchange or distribute; or possess with the intent to use, manufacture, sell, give away, barter, deliver, exchange, or distribute, a controlled substance or drug paraphernalia as defined in Minnesota Statutes, Chapter 152, while on campus, or while involved in a college activity, service, project, program or work situation, off-campus.
- No student or employee shall possess a controlled substance, except when the possession is for that person's own use, and is authorized by law, 1) while on campus, or 2) while involved in a college activity, service, project, program or work situation off-campus.
- Except as allowed by Minnesota Statute 624.701, no student or employee shall introduce upon, or have possession upon, any college campus, or while involved in a college activity, service, project, program or work situation, any alcoholic beverage as defined in Minnesota Statute 340A.101.
- Employees working on federal grants or contracts who are convicted of a criminal drug statute violation occurring in the workplace are required to inform the principal campus administrator of this fact within five calendar days of the conviction. The college will notify the federal government within ten days after receiving notice of such an employee being convicted of a criminal drug statute violation occurring in the workplace.
- No employee shall report to work, and no student shall report to campus, while under the influence of alcohol, or a controlled substance, except as prescribed by a physician, which affects alertness, coordination, reaction, response, judgment, decision-making or safety.

Campus Sanctions: Administrative and legal sanctions up to and including: 1) termination of employment for employees and expulsion for students; and 2) referral for prosecution, will be imposed on students and employees who violate the above standards of conduct. A disciplinary sanction may include the completion of an appropriate rehabilitation program.

Legal Sanctions: Federal and state sanctions for illegal possession of controlled substances range from up to one year imprisonment and up to \$100,000 in fines for a first offense, to three years imprisonment and \$250,000 in fines for repeat offenders. Additional penalties include forfeiture of personal property and the denial of federal student aid benefits. Under federal laws, trafficking in drugs such as heroin or cocaine may result in sanctions up to and including life imprisonment for a first offense involving 100 gm or more. Fines for such an offense can reach \$8 million. First offenses involving lesser amounts, 10-99 gm, may result in sanctions up to and including 20 years imprisonment and fines up to \$4 million. A first offense for trafficking in marijuana may result in up to five years imprisonment and fines up to \$500,000 for an offense involving less than 50 kg, and up to life imprisonment and fines up to \$8 million for an offense involving 1,000 kg or more. The State of Minnesota may impose a wide range of sanctions for alcohol-related violations. For example, driving while intoxicated (blood alcohol content of .10 or more) may result in a \$700 fine, 90 days in jail, and/or revocation of driver's license for 30 days. Possession of alcohol under age 21 or use of false identification to purchase alcohol results in \$100 fine. Furnishing alcohol to persons under 21 is punishable by up to a \$3,000 fine and/or one year imprisonment.

HEALTH RISKS ASSOCIATED WITH THE ABUSE OF ALCOHOL AND ILLICIT DRUGS

- Alcohol is the most abused drug in the U.S. today.
- Alcohol is a drug that acts on the brain. It is potentially addicting, both physically and mentally.
- Alcohol abuse is drinking which harms or endangers the drinker or other people.
- Alcohol abuse can result in violence, poor judgment and loss of coordination.
- Alcoholism is a disease characterized by a physical and mental dependence on alcohol. About one in ten drinkers become alcoholic.
- Alcohol consumed in heavy amounts over a period of years can result in damage to health. It can cause malnutrition; brain damage; cancer of the mouth, stomach and esophagus; heart disease; liver damage; ulcers and gastritis as well as damage to other body organs.
- Prolonged excessive drinking can shorten life span by 10-12 years.
- Drug abuse is a major problem that results when drugs are used improperly.
- Drug abuse is using natural or synthetic chemical substances for non-medical reasons to affect the body, mind and behavior.
- Abusing drugs can be dangerous, especially when taken for a long time, in the wrong combinations or in excess.
- If drugs are taken, there is a risk of overdose and dependence, both physical and psychological.
- Long-term drug abuse can lead to mental illness, malnutrition and organ damage.
- The risk of AIDS, hepatitis and other diseases increases if drugs are injected.
- When drugs make individuals loses control, they may do things beyond their ability and take foolish risks. Accidents and injuries can result to the user and others.
- Abusing drugs can also cause legal, economic and personal problems.
- Individuals who abuse drugs often need help. Breaking a drug habit without outside help can be dangerous because of withdrawal symptoms and difficult because of the psychological need.

ALCOHOL AND DRUG RESOURCES

ICC is concerned about students' and staffs' health, ability to learn, and ability to gain skills that will lead to productive lives. ICC also believes that chemical dependency, including alcoholism, is a treatable disease which can be permanently arrested allowing students to return to a productive, healthy lifestyle. Students who have a chemical dependency problem should speak in confidence with a college counselor. These staff members can assist the student in dealing with the problem and make referrals to community agencies for additional assistance.

Itasca Community College

Counselors	(218) 327-4467
Student Support Services	(218) 327-4211
Minnesota State Employee Assistance Program (EAP)	1-800-657-3719

Local

Alcoholics Anonymous, ALANON & ALATEEN	(218) 326-8565
Alcohol and Drug Abuse Action Addiction Helpline.....	(218) 327-8273
Detoxification Services (1215 SE 7th Ave, Grand Rapids)	(218) 327-1026
Esther House (213 SE 11th St, Grand Rapids)	(218) 326-0993
Group home for men and women with mental illness and chemical dependency.	
First Call for Help (24-Hour Information).....	(218) 326-8565
Hope House (604 S Pokegama Ave, Grand Rapids)	(218) 326-1443
Supportive living environment for men and women who have gone through chemical dependency treatment or are going through an outpatient program.	

Meth/Drug Hotline.....	(218) 326-8565
Northland Counseling Center (215 SE 2nd Ave, Grand Rapids).....	(218) 326-1274
Provides residents of Koochiching, Itasca and Aitkin counties with individual, family and group treatment counseling. Also provide school intervention services.	
Northland Recovery Center (1215 SE 7th Ave, Grand Rapids)	(218) 327-1105
Continuum of care for chemical dependency and related counseling concerns, serving northern Minnesota.	
Rapids Counseling Service (717 NE 4 th St, Grand Rapids)	(218) 327-2001

Regional

Aa-Baa-Ka-Wisiwin Detox Center (6530 Hwy 2 NW, Cass Lake)	(218) 335-2219
Leech Lake Outpatient Program (6530 Hwy 2 NW, Cass Lake)	(218) 335-8322
Miller Dwan Medical Center Chemical Dependency.....	1-888-826-0099
Moose Lake Regional Treatment Center (1000 Lakeshore Dr)	(218) 786-0117
Poison Control Information.....	1-800-222-1222
Range Mental Health Center (Virginia)	(218)-362-6663
Range Mental Health Center (Hibbing).....	(218)-263-9237
Twelfth Step House	(218) 749-4328

Human Services

Itasca County	(218) 327-2941
Cass County	(218) 547-1340
Aitkin County	(218) 927-7200
Indian Social Services (Cass Lake)	(218) 335-8585

Self Help Groups / National Hotlines

Alcohol Abuse 24 Hour Helpline & Treatment.....	1-800-759-2793
Cocaine Helpline	1-800-COCAINE
Drug Abuse 24 Hour Helpline & Treatment	1-800-759-2965
Narcotics Anonymous	1-877-767-7676